

Re-skilling the Valley - a sustainable project for the future of the Dedham Vale

Making Christmas Decorations from the hedgerow - FREE ENTRY

12th December 2009

Christmas wreaths and decorations are often shipped in from all over the world, reduce your carbon footprint a little this Christmas by making decorations and wreaths from local hedgerow materials. Come and create a natural Christmas theme, there will also be a swap of Christmas produce and good quality toys. **No prior booking required and entry is FREE but there will be a small charge for the materials used. See the web site for further details.**

Venue Manningtree Methodist Church Hall, South Street, Manningtree

Time 10.30am - 12.30pm

Circle of Home Skills Workshop 30th January 2010

Come and sit and sew or even knit, repair and darn with members of the Old Hall community. Whether you're new to home skills or a veteran of "make do and mend" you'll be certain to find a friendly atmosphere.

Venue Old Hall, Rectory Hill, East Bergholt

Time 10.00am - 1.00pm

Green Woodworking Demonstration 20th February 2010

Richard Bates will demonstrate pole lathe work and the art of bodging. Richard has worked with Ben Law, of Channel 4's Grand Designs fame, in making a home from local coppice woodland. Richard is also skilled in making furniture from local green wood.

Venue Monks Farm, Coles Oak Lane, Dedham

Time 10.00am - 1.00pm

Renewable Energy Demonstration, open house afternoon

27th February 2010

Visit just some of the many homes and locations in the area that can offer an insight into renewable energy. An exciting opportunity to go behind closed doors to see all types and scales of implementation to discover what's possible and maybe spark the idea of a project for your own home.

Venue A map of the places that are open will be sent to you via email, or by post after you make your booking.

Time 1.00pm - 4.00pm

Preserves Making Workshop 13th March 2010

Learn how to make your own jam and cordial along with how to bottle and pasteurise juice. Guided by Marina O'Connell you will use local fruit and ingredients where possible to create. Please bring a recipe to share.

Venue The Apricot Centre, 83 Hungerdown Lane, Lawford

Time 10.00am - 1.00pm

Edible Gardens Walk, discovering local food production March 20th 2010

A walk through a selection of the edible gardens that can be found in the Dedham Vale. You will be guided through the first day of Spring and all the bounties it will soon provide. And finish at the Sun Inn, Dedham where you can taste the best of local produce with an optional meal, at additional cost. Pre-booking for the meal via The Apricot Centre is required.

Venue Details of the meeting point will be sent to you via email, or by post after you make your booking.

Time 9.30am - 12.15pm

Sustainable Building Techniques Workshop 25th March 2010

A workshop looking at sustainable building materials, sustainable building design and the concept of retrofitting an existing home. You will look at some sustainable buildings both on-site and through a presentation of photo's.

Venue Assington Mill, Assington, Near Sudbury

Time 6.30pm - 9.30pm

Ways and Means, a demonstration of local transport systems 3rd April 2010

A guided walk with the countries leading green lanes author Val Belsay. Discover how goods, materials and people moved about before the days of the car. Learn about where goods were sold and marketed and how far they travelled.

Venue Details of the meeting point will be sent to you via email, or by post after you make your booking.

Time 10.00am - 1.00pm

Booking Instructions

Everything you need to know...

Booking is essential as numbers are restricted for some of the venues. Where numbers are restricted priority will be given to residents of the Dedham Vale area. Payment is due with your booking and is charged at £10 per person, per event, children under the age of sixteen are free when accompanied by a paying adult.



Contact us today to make your booking on 01206 230425

email info@apricotcentre.co.uk or www.apricotcentre.co.uk/reskilling.html